# One Page Planning for Elder Care

## Achieving balance between

## What you <u>have</u>, What you <u>will need</u>, What you <u>want</u>

### **ASSESS YOUR STATUS**

**HEALTHY** Do you get routine health care? [Healthy as a horse) [Pretty Good] [Concerns] [Some Problems] [Need Help]

**HEALTH LEGACY** What is your family history? [Long Life ] [Some Problems] [Cancer] [Nerve Disease] [Memory Issues]

**SUPPORT** Have you had the right conversations about your future? [Spouse] [Significant Other] [Children] [Relatives] [Friends] [Faith] [Alone]

**MONEY** Do you know how much you have and how long it will last? [A whole lot] [Quite a bit) [A lot] [Some] [Not much] [None]

**FINANCIAL RESOURCES** How liquid and how much help are they? [LTC Plan ] [Life Ins ] [Annuity] [Stock Account] [Bank CDs] [Kids Money]

**CARE CHOICES** The way you want your care [Care by Family] [Home Aides] [Assisted Living] [Skilled Facility] [Shoot me]

**CRISIS HELP** Where your family can turn [LTC Plan Coverage] [Friends and Church] [Local Care Providers] [Medicaid Welfare]

**EMOTIONAL STRESS** You could deal with any of these issues [Who's in Charge?] [Location] [Who will be Stuck with your care?] [Money Fights]

DearOldFolks.com

Better Planning for Long Term Eldercare LTCLou@gmail.com Phone: 623.248.7615

## **POSSIBLE SOLUTIONS**

## **Avoid Emotional and Financial "Family Quicksand"**

## **Options for Family Caregiving Can Be Affordable**

#### **Cash-in and Drain All Your Financial Resources**

Spend \$25,000 to \$100,000 each year for Home and / or Facility Care
Pay Taxes and penalties on your CDs, IRAs and other assets and/or take losses to do so

Then go on Welfare Medicaid, leaving nothing for your Spouse care or Heirs

#### **Traditional LTC Contract**

- Can guarantee Care; protects best, but you will need a medical exam to Qualify
- \$2000 or more a year per person plan cost can be offset on your Federal taxes
- What you pay out from your contract for your Long Term care is not taxed

#### **STATE LTC Partnership Plans**

■ The amount this Traditional plan pays can be shielded from Welfare Medicaid spend down

#### **Life Contract with LTC**

- The life plan you already have can be re-purposed as a guaranteed LTC combo plan
- Money will be available for your care and. . .your Heirs, Charities and Good Works
- What you pay for your Long Term care is not taxed, fewer medical questions, no exams
- A lump sum or stream from other sources can be used for an asset based plan.

#### **Asset Annuity Contract with LTC**

- Guaranteed Money Back Cash-In- Hand monthly no receipts needed. Easier Qualification
- Transfer existing annuities or IRAs, avoid taxes on any gains and the 300% multiplier
- Amount is guaranteed for LTC with fewer questions and no exams; again no taxes on LTC benefits
- You can also set up an annuity or a reverse mortgage to pay for any LTC Eldercare at Home Plan

#### **Life and Annuity Contract Review**

- Many older (pre-1997) UL and/or other policies that need review; they may have value loss
- Also VUL plans and Annuities may have losses; put what's left to better use now
- Your Will does not cover your beneficiaries on these contracts (I can help you review)

#### **Full Service**

I work closely with 8 A-rated Providers and 50 A-rated Companies for other solutions and Specialists on LTC, Life, Annuities

Lou is certified, appointed and licensed

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